



CHUNG INSTITUTE  
OF INTEGRATIVE MEDICINE

## Chlorella

Chlorella is a single celled algae that is used to detoxify the body for heavy metal toxins as well as some other toxins. The chlorella absorbs these toxins in the gut and you excrete out the toxins with bowel movements.

**Directions:**

Take 15 tablets by mouth twice a day. Drink plenty of water with each dose.