



CHUNG INSTITUTE
OF INTEGRATIVE MEDICINE

Freeze Dried Garlic

Garlic has anti-microbial properties and can be used to treat many different types of infections. Garlic can also be used as prophylaxis for many infections and has general health benefits as well. Directions: Take 2 garlic pills twice a day with meals. To minimize chances of repeating and smell, take at the beginning of the meal. Continue until otherwise directed by physician.