



CHUNG INSTITUTE  
OF INTEGRATIVE MEDICINE

## Tri-Quench SSKI (Super Saturated Potassium Iodide)

SSKI is used to treat yeast, fungus, and mold infections. In order to use this medication in a nebulizer, place 10mL saline or water into the nebulizer well. Then, drop 2 drops of SSKI into the well. Turn the nebulizer on and breathe the mist in for 10-15 minutes.

You can purchase nebulizers online on websites. The model used in our office is the Omron compare NE C801.